

Hard Hat Safety

Introduction

Select the hard hat or safety helmet type and electrical class for the hazards identified by the employer. Not every helmet protects against electrical hazards or side impacts.

Hazards & Controls

Falling tools and debris : Always wear a hard hat in designated areas.

Contact with beams, scaffolds, or equipment : Stay alert and maintain awareness of surroundings.

Damage or aging : Inspect the shell and suspension before use. Remove impacted or damaged head protection from service. Follow the manufacturer's service-life and replacement instructions; there is no universal five-year rule.

Safety Reminders

Do not drill or make unapproved alterations. Use paint, stickers, or accessories only as allowed by the manufacturer without concealing damage.

Use the shell and suspension in the manufacturer-approved orientation. Reverse wearing is permitted only for a model approved for that use.

Store hard hats away from direct sunlight or extreme heat.

Engagement Questions

What hazards on today's job could cause head injuries?

How can you tell when a hard hat needs replacing?

Sources and use notice

[OSHA: Head protection safety bulletin](#)

[OSHA: Helmet alterations](#)

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Meeting Record & Sign-In

Hard Hat Safety

Company: _____ Date: _____

Jobsite: _____ Presenter: _____

Time / duration: _____ Crew / shift: _____

Site-specific hazards and controls discussed

	Printed name	Signature
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Follow-up action / responsible person / due date

Signatures record participation only. They do not establish competency, certify compliance, or waive rights. Retain completed sheets under company policy. Print additional copies for larger crews.