

Fall Protection PPE

Introduction

Use fall protection only under the employer's plan and required training. Select a compatible system for the task, anchorage, fall clearance, and rescue arrangements; equipment alone is not a complete plan.

Hazards & Controls

Damaged harnesses : Inspect for frayed webbing and damaged stitching.

Improper connections : Use only the anchorage and compatible components specified for the system. Review free-fall and swing-fall hazards and clearance before work.

Incorrect fit : Adjust straps snugly for comfort and safety.

Safety Reminders

Never tie off to unapproved anchor points.

Store equipment as directed, protected from damage, sunlight, and chemicals. Confirm how prompt rescue will be performed before starting work.

After a fall or impact loading, immediately remove the equipment from service. Follow the manufacturer's retirement instructions and required competent-person evaluation; never return it to use on your own.

Engagement Questions

What are signs of a damaged harness?

Where are approved anchor points on this site?

Sources and use notice

[OSHA: Personal fall arrest systems](#)

[OSHA: Fall protection system guidance](#)

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Meeting Record & Sign-In

Fall Protection PPE

Company: _____ Date: _____

Jobsite: _____ Presenter: _____

Time / duration: _____ Crew / shift: _____

Site-specific hazards and controls discussed

	Printed name	Signature
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Follow-up action / responsible person / due date

Signatures record participation only. They do not establish competency, certify compliance, or waive rights. Retain completed sheets under company policy. Print additional copies for larger crews.